

The background of the entire page is a close-up photograph of numerous white, round, tablet-shaped pills scattered across a vibrant blue surface. The pills are in various orientations, some showing their flat top and others their slightly beveled edges. The lighting is bright, creating soft shadows and highlighting the texture of the pills.

Medication Support & Recovery Service

We can help.

The Medication Support & Recovery Service is a service to help people who have problems with their use of over-the-counter or prescription medication.

We are a free and confidential health service. Call us or visit our website to find out more information.

1800 931 101
msrs.org.au

Is my medication use a problem?

- ☐ I've been using more medication than is prescribed to me.
- ☐ I feel like I can't cope without my medication.
- ☐ I hide my medication use from friends or family.
- ☐ I worry about running out or not having access to medication.
- ☐ I don't feel in control of my medication use.
- ☐ I feel unwell, anxious or stressed when I've tried to cut down or stop taking medication.
- ☐ I'm taking medication that wasn't prescribed to me.

If you ticked one or more, you may have a problem with your medication use.

To talk to us about how we can help, or to find your nearest location, call us on **1800 931 101** or visit our website at **msrs.org.au**

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