

Is my medication use a problem?

- ☐ I've been using more medication than is prescribed to me.
- ☐ I feel like I can't cope without my medication.
- ☐ I hide my medication use from friends or family.
- ☐ I worry about running out or not having access to medication.
- ☐ I don't feel in control of my medication use.
- ☐ I feel unwell, anxious or stressed when I've tried to cut down or stop taking medication.
- ☐ I'm taking medication that wasn't prescribed to me.

If you ticked one or more boxes, you might have problems with your use of medication. To talk to us about how we can help, or to find your nearest location, call us on **1800 931 101** or visit our website at **msrs.org.au**

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EASTERN MELBOURNE

An Australian Government Initiative



Medication Support & Recovery Service

We can help.

1800 931 101
msrs.org.au

Anyone who is worried about their use of over-the-counter or prescription medications can access our service. We also support family and friends who are worried about someone else's use of medication.

This service is free and confidential.

What is the Medication Support & Recovery Service (MSRS)?

The MSRS is an addiction treatment service. We specialise in helping people who use over-the-counter and prescription medications, such as opioid pain killers (including codeine or oxycodone), benzodiazepines (including Valium®), or other types of medication.

A free and confidential service in Victoria, we support anyone who is dependent on or misusing medications. We also support families who are worried about someone else's medication use.



What services does the MSRS offer?

We offer a range of services, including:

- Individual counselling
- Nursing and withdrawal support
- Peer support from people with personal experience of recovery
- Referrals to other health and community services (including residential withdrawal, pain clinics and addiction medicine specialists)
- Education and training programs
- Pharmacotherapy (including Suboxone®, methadone and other opioid replacement prescriptions)

No Medicare Card, Mental Health Treatment Plan or Chronic Disease Management Plan is needed to access the service.