

PEER SUPPORT GROUPS

MONDAY

#BEZINE

10.30-12.30

Hawthorn Community House,
32 Henry Street,
Hawthorn

participants create a self published
magazine

WEDNESDAY

CHILL & CHAT

10am onwards

Inspiro,

Belgrave Hub

text to book 0478 326 888

1st Wednesday of the month

meet for monthly adventures in and
around Belgrave

FRIDAY

DROP IN GROUP

10am-11.30

378 Burwood Rd,
Hawthorn

casual peer support drop in group

TUESDAY + THURSDAY

PEER SUPPORT 1:1

peer support workers avail to chat for
support and a friendly ear

coffee, tea, chats in Hawthorn

WHATS PEER SUPPORT?

Peer Support is a valuable tool in which a person with a lived experience of medication, alcohol and/or drug misuse can provide mutual support to another experiencing similar hardships. Peer support is available at Access Health and Community and the MSRS Mon, Tues, Wed, Thursday & Friday.

Peer support workers can meet you for coffee and chats or you are welcome to join one of the ongoing peer support groups.

For more information about the groups or for support text or call the peer support mobile on 0478 326 888



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